



# St Joseph's Catholic Primary School – Physical Education Intent, Implementation and Impact Statement



## **Mission Statement**

*“Jesus light our way on our faith journey.  
Be our guide, our joy and our hope, as we learn, live, love and pray together.”*

## **Physical Education Statement of Intent**

At St Joseph's Catholic Primary School, we recognise the importance of PE and the role it must play in promoting long term, healthy lifestyles. The intent of our PE curriculum is to provide all children with high quality PE and sport provision. It is our vision for every pupil to succeed and achieve their potential as well as to lead physically active lifestyles. We strive to inspire our pupils through fun and engaging PE lessons that are challenging, enjoyable and accessible to all. We want our pupils to appreciate the benefits of a healthy and physically active lifestyle. Through our teaching of PE, we will provide opportunities for pupils to develop values and transferrable life skills such as fairness and respect as well as providing them with opportunities to take part in competitive sport.

## **Physical Education Implementation Statement**

Physical education is seen as key to developing healthy lifestyles in young people and at St Joseph's, we provide a wide array of opportunities to develop this and sporting skills outside of the normal curriculum time. Through our provision children can aim to flourish at sports in which they have a particular interest or flair for. Children with additional needs are provided with appropriate support to enable them to take part and gain confidence in skills, understanding and motivation. Regular Extra-Curricular Clubs are very popular and offer a wide variety of sports, including karate, Dance, Athletics, Handball, Cricket, and Archery.

Playtimes are an important part of our pupils being happy, healthy and ready to learn. We have well-staffed areas and play equipment such as skipping ropes, balance boards, climbing wall and an Outdoor Area specifically for the EYFS children. Our Year 5 and 6 children can choose to become Play Leader, where their job is to encourage younger children to be as physically active as possible during playtimes.

## **Physical Education Impact Statement**

The impact of the PE curriculum is that the children will meet their age-appropriate skills in Physical Education and be able to transfer these skills into other sports and everyday activities. We help motivate children to participate in a variety of sports through quality teaching that is engaging and fun. Through our Physical Education curriculum, we believe we can equip children with skills in team building, promote physical and mental health and boost confidence and resilience, many of whom also enjoy the success of competitive sports. They will hopefully grow up to live happy and healthy lives utilising the skills and knowledge acquired through PE.