

Covid Guidelines – January 2022

What do I do if my child is ill?

If your child shows any symptoms of COVID-19 (including a high temperature, new or continuous cough or has loss/change to sense of taste or smell) you must book a PCR test for them and call school to let us know.

If your child has other illnesses including sore throat, cold, headache or upset stomach, please also consider taking them for a PCR or getting them to take a Lateral Flow Test as these are also now recognised symptoms, particularly with the new Omicron variant.

What if my child tests positive?

If your child tests positive they will need to isolate for 10 days following the information below

Day	My child has symptoms and tested positive on the PCR test	My child has no symptoms but tested positive on the PCR test
Day 1 - 6	Your child must isolate	Your child must isolate
Day 6	Your child must isolate	Take a lateral flow test(LFT) <ul style="list-style-type: none">• If this is positive – continue to isolate• If this is negative – take another test on day 7 Report this result to school and the .gov website
Day 7	Your child must isolate	Take a lateral flow test(LFT) <ul style="list-style-type: none">• If this is positive – continue to isolate• If this is negative – they can return to school but must still test on day 8,9 and 10 Report this result to school and the .gov website
Days 8 -10	Your child must isolate	Continue to use LFT tests. If any of these show a positive result, isolate for another 24 hours and take another LFT the next day Report this result to school and the .gov website

Someone in our household has tested positive. What should I do?

If your child is under 18 ½ years, they are not legally required to self-isolate as a close contact, but should take a Lateral Flow Test every day for 7 days or until 10 days since your last contact with the person who tested positive for COVID-19 if this is earlier.

Lateral Flow Tests are very good at identifying people who have high levels of coronavirus and are most likely to pass on infection to others, even if you do not have symptoms.

Can I use a Lateral Flow Test if my child has symptoms?

NO! Lateral Flow Tests are designed to pick up COVID-19 in people who do not have any symptoms. If your child has symptoms, their infection may not show up on a LFT and they **MUST** have a PCR test.

What if the LFT is positive?

Before 11th January - Your child should self-isolate immediately and book or order a PCR test.

From Tuesday 11th January – self-isolate for 10 days, following the advice in the table on the previous page