



St Joseph's Catholic Primary School – PSHE Intent, Implementation and Impact Statement



Mission Statement

*“Jesus light our way on our faith journey.
Be our guide, our joy and our hope, as we learn, live, love and pray together.”*

Personal, Social and Health Education Statement of Intent

At St Joseph's we recognise we have a responsibility to provide our children with accurate information about health related matters, whilst enabling their physical, moral and emotional development to thrive. We provide a curriculum in health and relationship education that is authentic to the Catholic Church's teaching and acknowledges each pupil's stage of physical and sexual development. The curriculum spirals throughout their school life, so the information is embedded, reflected upon and differentiated for the appropriate stage of development. Children will develop an understanding of the importance of family life, stable and loving relationships, respect, love and care. They will explore what it means to be fully human and be enabled to make moral decisions in conscience. Our pupils will be equipped with the knowledge of what makes a human physically healthy and how their body may change during their lifetime. We create safe spaces for our children to confidently discuss PSHE themes and feel supported and valued in lessons.

Personal, Social and Health Education Implementation Statement

The curriculum for PSHE at Josephs is founded by the Ten:Ten scheme resource – ‘Life to the Full’. This resource has been developed by the diocese to ensure the Catholic values of the school remain paramount. In collaboration with staff, governors and parents, we ensured this programme incorporated both the high Catholic morals and values that we as a school are governed by, as well as the PSHE targets set out in statutory guidance. Alongside this scheme, the School Nurse also teaches about health and hygiene and teachers also use a range of resources to ensure broader targets are covered. Pupils will be exposed to a range of relevant resources and tools, which will allow them to access learning more readily. Resources will be up to date and relevant, in order to maximise their effectiveness. All online resources will be looked at before being shown to children to ensure they are appropriate for the age/year group they are being shown to.

PSHE lessons are organised into three main modules: Health, Relationships, Living in the Wider World. Often, the PSHE curriculum is also taught or referred to during other lessons, class discussions or linked with the Catholic Life of the school and the school virtues. This is integral to ensure children are well rounded members of our school community and the wider community around them as well as ensuring they make safe choices in their own lives

Personal, Social and Health Education Impact Statement

By the end of Year 6, the children of St. Joseph's will have a well-developed, deeper understanding of the meaning of being healthy, how to stay safe and how to advocate for themselves. They will be able to use skills taught to them such as: building self-esteem, resilience, and empathy to overcome potential problems in the future and support others in doing the same. The children will have had experiences helping them to be independent and responsible members of a diverse society. This will all be underpinned with the teaching of God and how their faith provides the basis to their morals and the way they treat others within society.